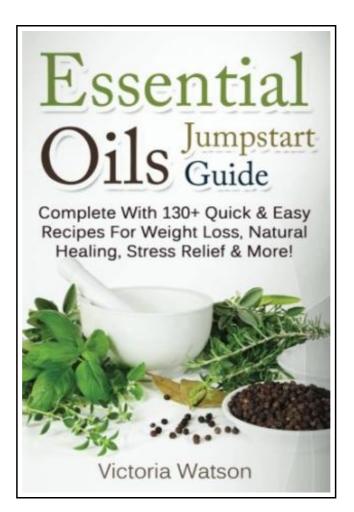
Essential Oils Jumpstart Guide: Complete with 130+ Quick Easy Recipes for Weight Loss, Natural Healing, Stress Relief More!



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Reviews

Very good e-book and helpful one. It is among the most awesome publication we have read. Its been developed in an remarkably simple way in fact it is simply right after i finished reading this book through which basically transformed me, affect the way i really believe. (Prof. Kacey O'Hara)

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. If you want to improve your health, cure ailments, and soothe your body (and mind) -- both naturally and quickly -- the Essential Oils Jumpstart Guide is here to help.Recent scientific studies have proven that essential oils can reverse and prevent diseases more inexpensively and safer than many conventional medical treatments. And that s why more and more people are turning to aromatherapy today. and now, you can do the same. To help you harness the power of essential oils starting from right away, the Essential Oils Jumpstart Guide will first show you over 130 simple step-by-step recipes you can use to: Treat embarrassing hair problems like dry scalp, dandruff and split endsGet glowing and smoother hair and skinShed those extra poundsTreat common ailments like colds and fevers, and recover faster from themSleep like a baby tonightReduce stress and anxiety and experience complete calmnessAnd the best part is all these recipes contain zero harmful preservatives unlike over-the-counter products. Plus, they can be easily whipped up from the comfort of your own home. in just minutes from now! In addition, you ll also get: The 5 simple steps to expertly blend essential oils to create your own aromatherapy mixes4 safety precautions for using essential oils9 practical tips for buying essential oils (WARNING: Not all off-the-shelf products can deliver the desired effects. Worse, some may even put your health at risk!)The 5 methods to using essential oils effectivelyRecommended essential oils to get you started (With so many to choose from, which essential oils should you try first?)And much, much more.In just minutes from now, you II begin to kiss almost any health problems goodbye and have more energy to enjoy life to ...

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