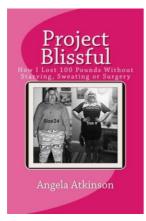
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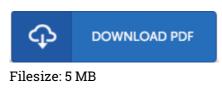
# PROJECT BLISSFUL: HOW I LOST 100 POUNDS WITHOUT STARVING, SWEATING OR SURGERY



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Project Blissful is a whole-life makeover that helps you become the best possible version of yourself. Author and certified life coach Angela Atkinson has herself lost more than 100 pounds without surgery or hard-core weight loss drugs. In this book, you ll learn: - How to start losing weight today (and without feeling miserable in the process) -...

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