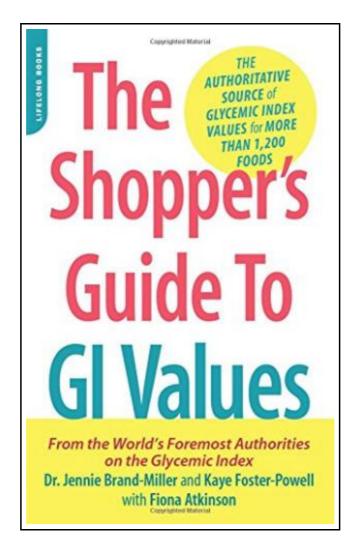
The Low GI Shoppers Guide to GI Values 2015 The Authoritative Source of Glycemic Index Values for More than 1,200 Foods



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Reviews

It in a of the best book. Indeed, it really is play, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Sofia Yundt)

THE LOW GI SHOPPERS GUIDE TO GI VALUES 2015 THE AUTHORITATIVE SOURCE OF GLYCEMIC INDEX VALUES FOR MORE THAN 1,200 FOODS



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