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## Ancient Teachings for Spiritual Growth

By Douglas De Long

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2004. Softcover. Book Condition: New. Ancient Teachings for spiritual growth is designed to let you fully develop your is designed to let you fully develop your psychic abilities in a surprisingly short time. revealed in these pages are the original teachings of the enlightened Masters, Jesus, Buddha, and Zoroaster and the secret wisdom of the Egyptian and Atlantean temples. By uncovering and distilling the essential teachings and practices of the ancient mystery schools, Douglas De Long has created a step-by-step lesson plan that will allow you to quickly activate your latent inner powers. Learn to:- 1. Open the chakras 2. Read the aura 3. Contact the spirit guides 4. Project the astral body 5. Delve into past lives.



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