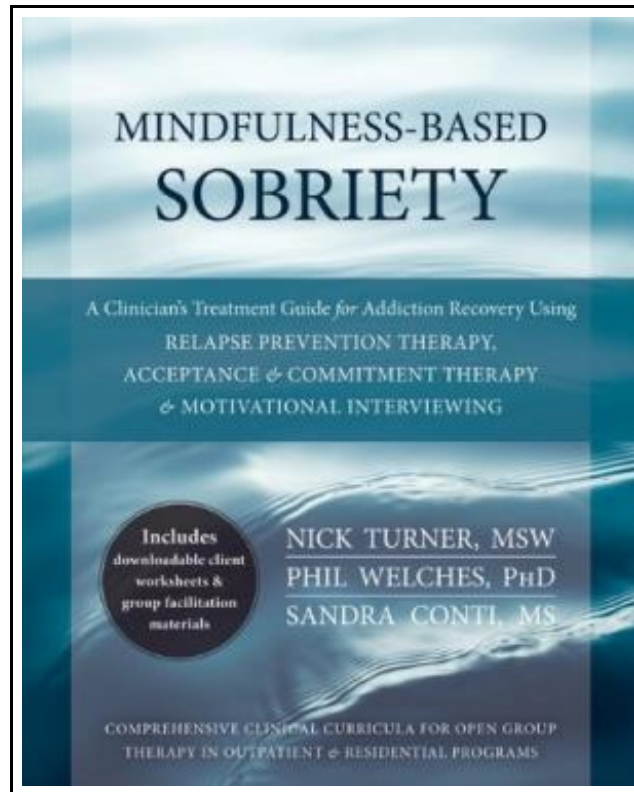


# Mindfulness-Based Sobriety: A Clinician's Treatment Guide for Addiction Recovery Using Relapse Prevention Therapy, Acceptance and Commitment Therapy, and Motivational Interviewing



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## ***Reviews***

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*(Claud Bernhard)*

## **MINDFULNESS-BASED SOBRIETY: A CLINICIAN'S TREATMENT GUIDE FOR ADDICTION RECOVERY USING RELAPSE PREVENTION THERAPY, ACCEPTANCE AND COMMITMENT THERAPY, AND MOTIVATIONAL INTERVIEWING**

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